

Cleveland Triathlon Winter 2019/20 Training Du

Best improvers Trophy - complete at least 4 races in the series each showing a further improvement on you

New Course - 3k run - 16k bike - 3k run

	28/09/2019	26/11/2019	new course 22/02/2020
Martin Hilbert			00:42:59
Peter Muir			00:43:12
Roger Davies			00:44:22
Gordon Mitchell			00:45:31
Chris Wilkinson			00:46:24
Jenny Graham	00:56:06		00:47:49
Martin Stokes	00:59:38	01:04:50	00:48:38
David Fry			00:48:48
Mathew White			00:50:22
Tony Main & Billy Mcleod		00:57:53	00:51:15
Kay Stokes	01:00:00	01:05:22	00:51:21
Martin Smith			00:51:27
Rob Pollard			00:51:46
Karl Whittering			00:52:09
Trevor Kime			00:52:28
Paul Callaghan			00:54:32
Lianne Mitchel		01:10:23	00:55:00
Kathryn Tarn			00:57:07
Alain White			00:59:14
Jill Sexton			00:59:46
Amy Wynne			01:00:28
Vaughn Davies			01:03:15
Matt Turnbull		00:49:44	
Kev McLoughlin		00:54:28	
John Horlock		00:56:31	
Matthew Downes	01:02:30	00:56:50	
Paul McGough		00:58:04	
Mark Brown		01:00:07	
Graham Currie		01:00:24	
Tricia Bell		01:01:19	
Angela Ackerley	01:02:00	01:03:50	
Justine Williams	01:01:23	01:03:53	
Roger Oldroyd		01:09:23	
James Oldfield	00:50:04		
Graeme Downes	00:50:51		
Mark Payne	00:51:18		
Nick Smith	00:53:19		
Paul MCGough and Billy Mcleod	00:54:12		
Dave Kirton	00:54:14		
Paul Kriston	00:54:42		
Kirsty Struthers	00:58:02		
Pauline Johnson	01:13:07		

ir last time. Most amout of time improved by is the winner - Members only