

Training Duathlon

	12/01/2019	16/02/2019	16/03/2019	20/04/2019
Cole Baldam				00:49:10
Leon Poole				00:50:13
Kev McLoughlin				00:52:17
Mark Payne		00:55:42	00:45:23	00:52:57
Paul McGough				00:53:00
Anthony Moy				00:54:40
Jack Hustwitt				00:55:02
Ian Monkhouse				00:55:42
Martin and Nell				00:56:07
John Kelly				00:56:39
Peter Muir	00:51:21	00:50:40		00:57:58
Stephen Hannah				00:58:07
Rob Sexton				00:58:50
Justine Williams		01:02:11		01:00:13
Paige and Sam				01:00:58
Angela Ackerley	01:05:07	01:02:48		01:01:50
Mark Brown				01:02:18
Paul Callaghan				01:07:14
Andrew Callaghan				01:07:55
Roger Oldroyd				01:09:30
Jill Sexton				01:10:06
Pauline Johnson				01:12:42
Graeme Downs	00:54:34	00:51:15	00:44:34	
Dave Kirton		00:53:00	00:46:14	
Eamonn Wall		00:59:07	00:48:10	
Mathew Downes	01:02:36	00:57:43	00:48:26	
Marty Smith			00:50:25	
Chris Mallun			00:51:14	
Ruchard Kitson			00:54:05	
Paige Mcleod	01:11:58		00:58:27	
Andrew Ackerley		00:49:39		
Oliver Rogers		00:51:05		
Roger Davies		00:52:03		
Jeff Belt		00:52:10		
Paul Williams		00:52:18		
Mark Covell		00:53:23		
Ella Towers		00:53:39		
Dean Law		00:54:42		
Jonathan Skidmore	00:54:11	00:55:45		
Gordon Mitchel		00:56:13		
Paul Birch		00:56:39		
Jenny Graham		00:57:24		
Chris Wilkinson		00:57:38		
Marts and Alan		00:57:47		
Lois Muir	01:00:59	00:58:15		
Andy Petford		00:59:01		
Jen Milsom		01:00:45		

Martin Stokes		01:00:50
Kay Stokes	01:08:11	01:01:31
Geoff Towers		01:01:51
Daniel Scott		01:03:24
Julie McNicols	01:06:48	01:04:52
Pam Birch		01:04:58
Joe Foley		01:07:45
Anne and Pauline		01:09:43
Barbara Kettle		01:11:00
Paul Christie	00:54:25	
Tony and Clare	00:56:34	
Paul Birch	00:57:49	
James Meadows	00:58:29	
Tricia Bell	00:59:55	
Gemma Pearson	01:00:59	