First name	Last name	Group	Sun City Duathlon 19/03/17	Ripon duathlon 26/03/17	Ampleforth sprint tri 09/04/17	Stockton Duathlon main 23/4/17	Stockton Duathlon sprint 23/4/17	Stockton Duathlon non drafting sprint 23/4/17	Ashington sprint tri 01/05/17	Alnwick sprint TRI 07/05/17	Richmond aquathlon 07/05/17	cleveland sprint 14/05/17	Hartlepool Aquathlon 4/6/17	Northland sprint TRI 04/06/17	cleveland short course 10/06/17	Keswick Short 10/06/17	Keswick Long 11/06/17	Lakesman Triathlon 18/06/17	Weardale Triathlon 06/08/17	Catterick tri 18/06/17	Washington duathlon 25/06/17	a day in the lakes 25/06/17	Triology super sprint 1 28/06/17	ripon tri 01/07/17	Ripon Sprint tri 02/07/17	cleveland steelman 15/07/17	Washington sprint Tri 16/07/17	Ironman UK 16/07/17	Woodhorn Museum sprint tri 16/07/17	Woodhorn museum standard tri 16/07/17	Triology super sprint 2 26/07/17	Redcar Tri 30/07/17	Ponteland Sprint 25/06/17	Sun City TRI 13/08/17	Spanish City tri 23/07/17	Triology super sprint 3 23/08/17	Borders & Bridges sprint tri 03/09/17	Bamborough Castle sprint 198/17	Bamborough castle mid distance 19/8/17	helvellyn 03/09/17	Buttermere Tri 09/09/17	Sundowner Sprint Tri 16/09/17 Allerthorpe	Sundowner Tri 16/09/17 Allerthorpe	hartlepool big lime 01/10/17	teesdale triathlon 24/09/17	Total
Points available			100	100	100	100	90	90	100	100	100	100	100	100	100	90	100	200	100	100	100	100	90	100	90	100	100	200	90	100	90	100	100	100	90	100	90	100	100	100	90	100	100	100	
Benjamin	Proctor	J																																												0.0
Thomas	Wilson	J																																											0.0
Billy	Mcleod	J																																											0.0
Alain	White	J																																											0.0
Matthew	Downs	J																																											0.0
Harry	Wilson	J																																											0.0
Adam	Makepeace	J																																											0.0
Ethan	Wadrop	J																																											0.0
Ben	White	J																																											0.0
William	Howard	J																																											0.0
Aidan	Colmer	J																																											0.0
Sam	Syson	J						70.9				75.3																																		146.2
Samuel	Mcniff	20 - 39																																											0.0
Scott	Young	20 - 39					59.8								61.9												59.9						60.7							50.8				70.4		312.7
Patrick	Traylor	20 - 39																																											0.0
Guy	Fernie	20 - 39																																											0.0
Chris	Wilkinson	20 - 39					71.8																				78.7																	150.5
Adam	Hunt	20 - 39																																												0.0
Peter	Muir	20-39				76.4																																								76.4
Matthew	Heap	20-39					64.8								70.8									66.3								66.3													268.3
Kev	Murphy	40 - 49																									71.7																	78.7		150.4
Stephen	Oyston	40 - 49																																												0.0
Dave	Norman	40 - 49																																												0.0
Graeme	Downs	40 - 49				81.2									78.1									74.5	79.3		84.3								83.3		75.9						78.0	86.0		414.1
Alan	Johnston	40 - 49					79.2											128.6																										65.7			273.5
David	Kirton	40 - 49		80.3																																										80.3
Shaun	Joughin	40 - 49										77.2				67.1																														144.3
Andy	Smith	40 - 49																																													0.0
Paul	Williams	40 - 49																																						80.1							80.1
Nick	Smith	40 - 49																																													0.0
Kris	Wadrop	40 - 49																																														0.0
Peter	Ball	40 - 49	49.0									49.4															51.2						52.6		51.2							43.0					253.3
Bryan	Tucker	40 - 49										77.9																					74.8													152.7
Jonathan	Quain	40 - 49																																											82.5		82.5
John	Sharkey	40 - 49					63.0																				57.7						62.3											62.3		245.3
Jeff	Belt	40 - 49																															76.9											86.6		163.5
Jonathan	Bond	40 - 49													72.3																															72.3
Michael	Gosney	40 - 49				74.0																																									74.0
Paul	McGough	40-49																																									77.7			77.7
Stephen	Mcniff	50 - 59											69.7											65.9																					76.7		212.3
Alan	Ball	50 - 59																																													0.0
Martin	Shackleton	50 - 59																																													0.0
Graham	Harvey	50 - 59																									60.3																			60.3
Andy	Petford	50 - 59				70.6																							120.8																	191.4
Kevin	Mcloughlin	50 - 59		86.5			75.5																							83.2															88.0	333.1
Vincent	Blake	50 - 59					61.4																				55.3						61.4							47.5				70.9		296.5
Paul	Sturdy	50 - 59																																													0.0
Mark	Leach	50 - 59													76.6														139.2																	215.7
Richard	Kitson	50 - 59				71.5									70.9												65.5																	76.7		284.5
Gary	Dearlove	50 - 59																																													0.0
Steven	King	50 - 59																																													0.0
Paul	Godley	50 - 59																																													0.0
Chris	Abell	50 - 59																																				62.2									62.2
Tony	Leach	50 - 59																						67.4																					79.4		146.8
Steve	Dawson	50 - 59																																													0.0
Alain	White	50 - 59																																													0.0
Valentijn	Von Morgen	50 - 59																																													0.0
David	Candeland	50 - 59																																				59.8									0.0
Michael	Vickers	50 - 59																																													0.0
Colin	Rushton	50 - 59					73.7																														48.2									121.9
Graham	Currie	50 - 59					70.7					81.1										79.5								78.6							83.9			71.4				85.0		408.1
Joe	Foley	50 - 59													56.9													74.7				65.2				65.2							73.1		335.1
Dave	Colmer	50 - 59									62.5																																			62.5

James	Robson	60 - 69	75.6			72.7						75.1							73.8					
Doug	Harris	60 - 69		72.6					71.1															
Tony	Main	60 - 69					65.7				66.2	76.9	76.0		73.1									
John	Carr	60 - 69																						
Kevin Peter	Walmsley	60 - 69																						
Roger	Oldroyd	60 - 69										68.0												
Brian	Roberts	60 - 69																						
Christopher	Colbourn	70 - 79																						
Richard	Hatfield	70 - 79																						
Len	Alderson	70 - 79																						
Maurice	Hunt	70 - 79																						
Arthur	Puckrin	70 - 79																						

James	Robson	60 - 69																						297.2
Doug	Harris	60 - 69																						143.7
Tony	Main	60 - 69							63.3	70.4													77.3	373.7
John	Carr	60 - 69																						0.0
Kevin Peter	Walmsley	60 - 69																						0.0
Roger	Oldroyd	60 - 69																					71.4	139.3
Brian	Roberts	60 - 69																						0.0
Christopher	Colbourn	70 - 79																						0.0
Richard	Hatfield	70 - 79																						0.0
Len	Alderson	70 - 79																						0.0
Maurice	Hunt	70 - 79																						0.0
Arthur	Puckrin	70 - 79																						0.0
																								0.0

First name	Last name	Group	Sun City Duathlon 19/03/17	Ripon duathlon 26/03/17	Ampleforth sprint tri 09/04/17	Stockton Duathlon main 23/4/17	Stockton Duathlon sprint 23/4/17	Stockton Duathlon non drafting sprint 23/4/17	Ashington sprint tri 01/05/17	Alnwick sprint TRI 07/05/17	Richmond aquathlon 07/05/17	cleveland sprint 14/05/17	Hartlepool Aquathlon 4/6/17	North'land sprint TRI 04/06/17	cleveland short course 10/06/17	Keswick Short 10/06/17	Keswick Long 11/06/17	Lakesman Triathlon 18/06/17	Weardale Triathlon 06/08/17	Catterick tri 18/06/17	a day in the lakes 25/06/17	Triology super sprint 1 28/06/17	Ripon tri 01/07/17	Ripon sprint tri 02/07/17
Points available			100	100	100	100	90	90	100	100	100	100	100	100	100	90	100	200	100	100	100	90	100	90
Imogen	Tucker	J																						
Isra	Ali	J																						
Eden	Wadrop	J																						
Camille	Hague	J																						
Isobelle	Troop	J																						
Grace	Mcniff	J																						
Paige	Mcleod	J		79.6			69.7				74.7		70.1									78.0		
Olivia	Troop	J																						
Sophie	Howard	J																						
Abigail	Stevenson	J																						
Isobelle	McNulty	J																						
Danielle	Colmer	J						80.1			77.2		75.1									79.0		
Laura	Shackleton	20 - 39																						
Rhian	Owen	20 - 39																						
Amanda	Mcgough	20 - 39																						
Rebecca	Kirton	20 - 39										74.0												
Gemma	Pearson	20 - 39				84.8																		
Lois	Muir	20-39				74.5																	71.8	
Katie	Scott	20-39																						
Jen	Milsom	40 - 49													87.0									
Jane	Mcloughlin	40 - 49																						
Caroline	Wilson	40 - 49					65.1					71.9										70.3		
Viv	Murphy	40 - 49																						
Angela	Ackerley	40 - 49					74.6																	
Sue	Tindall	40 - 49					62.8					69.6												
Diane	Jobson	40 - 49																						
Ella	Towers	40 - 49		100.0																			88.4	
Yvonne	Storey	40 - 49																						
Janet	Stainsby	40 - 49																						
Jenny	Urwin	40 - 49																						
Catherine	Sunley	50 - 59																						
Jane	Raper	50 - 59																			77.4		
Gillian	Hale	50 - 59																						
Catherine	White	50 - 59																						
Deborah	Clift	50 - 59										80.7			74.8									
Michelle	Norton Armstro	50 - 59																						
Julie	Mcnicholas	50 - 59																						
Kath	Blakey	50 - 59											88.3										82.2	
Pauline	Johnson	50 - 59		70.8								68.8				62.7							62.4	
Kay	Stokes	50 - 59		88.2		81.0									85.7							81.0	79.8	
Sue	Bradley	50 - 59																						
Anne	Robson	60 - 69	66.5			70.5						70.6							73.9					
Linda	Russell Bond	60 - 69										85.8												
Sandra	Main	60 - 69									62.0	70.2												
Tricia	Bell	60 - 69		94.4			84.9					91.4											84.0	

First name	Last name	Group	cleveland steelman 15/07/17	Washington sprint Tri 16/07/17	Woodhorn Museum sprint tri 16/07/17	Woodhorn museum standard tri 16/07/17	Triology super sprint 2 26/07/17	Redcar Tri 30/07/17	Ponteland Sprint 25/06/17	GR8 Sprint 12/8/17	Sun City TRI 13/08/17	Copenhagen ironman	Spanish City tri 23/07/17	Triology super sprint 3 23/08/17	Borders & Bridges sprint tri 03/09/17	Bamborough Castle sprint 19/08/17	Bamborough castle mid dist 19/08/17	helvellyn 03/09/17	Sundowner Sprint Tri 16/09/17 Allerthorpe	Sundowner Tri 16/09/17 Allerthorpe	Buttermere Tri 09/09/17	hartlepool big line 01/10/17	teesdale triathlon 24/09/17	Total
Points available			100	100	90	100	90	100	100	100	100	200	100	90	100	90	100	100	90	100	100	100	100	
Imogen	Tucker	J																						0.0
Isra	Ali	J																						0.0
Eden	Wadrop	J																						0.0
Camille	Hague	J																						0.0
Isobelle	Troop	J																						0.0
Grace	Mcniff	J																						0.0
Paige	Mcleod	J					73.6	79.7														78.3	89.0	404.6
Olivia	Troop	J																						0.0
Sophie	Howard	J																						0.0
Abigail	Stevenson	J																						0.0
Isobelle	McNulty	J																						0.0
Danielle	Colmer	J																						311.4
Laura	Shackleton	20 - 39																						0.0
Rhian	Owen	20 - 39																						0.0
Amanda	Mcgough	20 - 39																						0.0
Rebecca	Kirton	20 - 39																					78.2	152.2
Gemma	Pearson	20 - 39	86.5															80.4						251.8
Lois	Muir	20-39																						146.3
Katie	Scott	20-39																75.3						75.3
Jen	Milsom	40 - 49																						87.0
Jane	Mcloughlin	40 - 49																						0.0
Caroline	Wilson	40 - 49																						207.3
Viv	Murphy	40 - 49																						0.0
Angela	Ackerley	40 - 49	88.8									145.9										82.2		391.6
Sue	Tindall	40 - 49																						132.4
Diane	Jobson	40 - 49																75.3						75.3
Ella	Towers	40 - 49																						188.4
Yvonne	Storey	40 - 49																						0.0
Janet	Stainsby	40 - 49																						0.0
Jenny	Urwin	40 - 49																						0.0
Catherine	Sunley	50 - 59																						0.0
Jane	Raper	50 - 59																						77.4
Gillian	Hale	50 - 59																						0.0
Catherine	White	50 - 59																						0.0
Deborah	Clift	50 - 59																						155.5
Michelle	Norton Armstro	50 - 59																						0.0
Julie	Mcnicholas	50 - 59																						0.0
Kath	Blakey	50 - 59						87.5						82.8								86.3		427.1
Pauline	Johnson	50 - 59	68.5																					333.3
Kay	Stokes	50 - 59					77.4	83.8																419.7
Sue	Bradley	50 - 59																						0.0
Anne	Robson	60 - 69																						281.5
Linda	Russell Bond	60 - 69																						85.8
Sandra	Main	60 - 69					61.0																76.5	269.7
Tricia	Bell	60 - 69					80.8																	435.4

To find your score for any given race you divide the winners time by your own to create a percentage and then multiply that figure by 100 to arrive at your score. E.g. the winners time is 60 minutes and 24 seconds (60.4 minutes).
Your time is 73 minutes and 42 seconds (73.7 minutes). 60.4 divided by 73.7 = 0.8195. 100 x 0.8195 = 81.95. Your score is 81.95 points. Male and female winners get 100 points each. For ironman events your points will be doubled